



Salem, OR

A Message from the President

January 25, 2024

NAWIC Salem Chapter # 198 Members and Friends,

I find myself overcome with emotion as I pause to think about the women that make up our chapter and this wonderful organization of NAWIC. The many women who I am blessed to call my friends...they are incredible humans. How I enjoy the camaraderie here, the real and authentic ladies that will not judge you, but they stand by you, they support you, they rally when you need them, they patiently listen and offer sage wisdom. I get asked all the time why don't you say no, why do you sign up to take on another event, another committee, another leadership role... and the answer is simple, it's because of these women, because they are there for me through everything and I want to give back everything I am able to, I want to make sure that this organization stays strong and ready for the new members and friends that want to join and eventually lead.

Our Oregon Coast Retreat is just around the corner, and I am giddy with excitement. I am looking forward to spending a weekend surrounded by my "tribe". Women I have known for years and those only a few short months, women who live only a few miles away and those who live in other states, but while they are all very different people, they are also all the same. We are builders. We build buildings, yes, but also connections, friendships, ideas, hope, communities, and at the heart of it all we build one another up.

With Love,

Juli Foscoli

NAWIC Salem Chapter #198 President 2022-2024

Salem Chapter 198
Believe • Persevere • Dare

What We Do

1

Upcoming Events

- **Oregon Coast Retreat:** February 2-3, 2024 – Seaside, OR – Best Western Ocean View Resort
- **February Board Meeting :** Tuesday, February 6th at 5:30 PM at the Salem Contractors Exchange
- **February General Meeting:** Wednesday, February 21st at 5:30 PM at the Salem Contractors Exchange – Guest Speaker Katelyn Kessler – Topic “When to Speak Up” – HR practices present.
- **WIC Week 2024:** March 3rd – 9th – Separate Event Calendar
- **1st Annual Golf Tournament – Golf and Galoshes:** Friday, March 8th at 9:00 AM at the Illahee Golf Course.
- **March Board Meeting:** Tuesday, March 12th at 5:30 at the Salem Contractors Exchange.
- **March General Meeting:** Wednesday, March 20 at the Salem Contractors Exchange – Safety and OSHA Educational speaker.
- **April Board Meeting:** Tuesday, April 2nd at 5:30 at the Salem Contractors Exchange.
- **March General Meeting:** Wednesday, April 17th at South Town Glass – CDC Prep/Bag Stuffing & SCE Raffle item Collection
- **Raise the Roof:** CTEC Residential Construction Event – April 18th at the Salem Convention Center
- **Salem Contractor’s Exchange Banquet:** Chinook Winds – Lincoln City, OR at 6pm
- **Construction Career Days:** Tuesday, April 23rd at Oregon State Fairground, Jackman Long Building
- **Legislative Awareness Update:** Lunch N Learn with Saalfeld Griggs at 12 PM

NAWIC Swag Store

Check out our new NAWIC hats on our swag store! Available to buy now. <https://www.wholesale2uapparel.com/nawic/>

What We Have Done

2

Halloween Re-Engineered for Kids

This year we had the opportunity to partner with the Gilbert House for their annual Halloween event. We constructed a crane to give candy to the children safely.

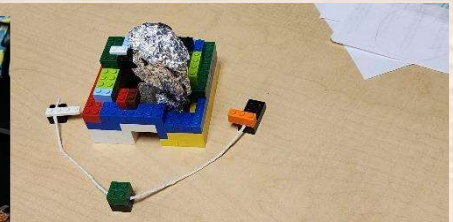


What We Have Done

2

Block Kids

Who doesn't like to build. At our Annual Block Kids event we gave each child 100 Legos, a piece of string, and a piece of tin foil. They were able to use their imagination to build something construction related. It's fun to watch their little imaginations to build something creative. We partnered again with the Boys & Girls Club.



What We Have Done

2

Annual Friendsgiving

This year we had the opportunity to learn Fire Safety with the Hubbard Fire Department. Chris DeBrito and his team taught us fire safety, including hands on training on the proper way to use a fire extinguisher.



What We Have Done

2

STEM Even (Girl's Building Event)

This is an event that we partner with the Portland NAWIC Chapter and Girl's Scouts to teach girls about construction. This year it was held at the Salem Convention Center.



What We Have Done

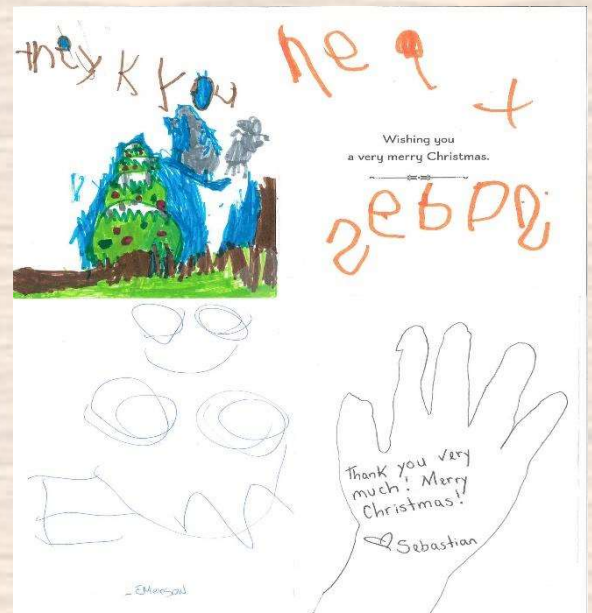
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Family Building Blocks – Adopt a Family

This year we had the opportunity to partner with Family Building Blocks and adopt a family for Christmas. Our family this year was a family of four. The mom had to stop working because they had learned that one of their two children had a heart murmur and might need to have heart surgery to correct it. The family was so thankful for the gifts that they received.



Our special Thank You card from the family



What We Have Done

2

Annual Christmas Pajama Bunko Party

What is Christmas without our Annual Bunko Party. This year Mary Anne opened her house up for our party.



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Oregon Coast Retreat ~ February 2-3!!



ANNUAL NAWIC EDUCATIONAL

Coast Retreat 2024

More information to come soon!

FEBRUARY 2-3, 2024
SEASIDE, OREGON



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Oregon Coast Retreat ~Our Keynote Speaker!!



**SHE WAS A KEYNOTE
SPEAKER @ NAWIC
ANNUAL
CONFERENCE 2023
& SHE IS COMING TO:**

Oregon Coast Retreat!



Guest Speaker: Shannon Vogel

Shannon Vogel is the proud founder and owner of Reach Social, a certified Social Media Strategist, and 25-year veteran of the construction, flooring and interior design industry. Reach Social is a professional social media company strategically positioned to represent your business on the social platforms people spend their lives on.

WHEN'S THE LAST TIME YOU HAD A REALLY GOOD PEP TALK THAT SENT YOU BACK OUT INTO THE WORLD FEELING MORE EMPOWERED?

FOLLOWING THE THEME OF THE RETREAT, THIS TALK IS ALL ABOUT LOOKING AT YOUR HABITS AND THE ONES YOU REPEAT, GETTING MORE COMFORTABLE WITH YOUR SHADOW SIDE, GETTING REAL WITH WHAT NO LONGER SERVES YOU WHILE FOCUSING ON WHAT EMPOWERS YOU TO BE THE BEST VERSIONS OF YOURSELF. COME GET THE PEP TALK YOU DIDN'T KNOW YOU NEEDED OR EXPECTED.

YOU'LL WALK AWAY WITH PRACTICAL TIPS AND NEW HABITS TO START UNAPOLOGETICALLY LIVING THE LIFE YOU WANT!

WIC Week – March 3-9, 2024



WINERY TOUR BUS: 11 am – 4 pm Join a luxurious tour bus, sit back and relax as we taste wine, tour vineyard operations, and have fun! See flyer.



MOVIE MOTIVATION: 5:00 pm special screening of "A League of Their Own" will be at The Grand Hotel, join us & bring your fam & friends. See flyer.



MONDAY MINGLE: 8:00 am Join us at Isaac's Room for a great way to kick off the work week, coffee and good company. No need to RSVP, just show up!



SOCIAL MEDIA MONDAY: Post a photo of yourself at work for Women In Construction Week! See flyer.
#wicweek #wicweek24 #26yearsofwicweek
#womeninconstructionweek2024 #nawicsalem198



JOB WALK W/DALKE: 2:30 pm Join us as we return to Riverwood Apartments one year later and see the progress on this job. See flyer



TUESDAY NETWORK NIGHT: 5:30 pm Come gather for a networking night at Mykie's Bar and Lounge in downtown Salem. See flyer.



WEDNESDAY NAWIC 101 LUNCHEON: Join us at Best Little Roadhouse at 12:00 pm for more info on NAWIC and we will answer any Q's. See flyer.



THURSDAY LUNCH & LEARN: 12 pm Virtual -Level Up with Dawn, Come learn how to climb that ladder, break glass ceilings & challenge yourself! See flyer.



THURSDAY PAINT NIGHT: 6pm - Calling all artists, beginners to advanced, join us in a step by step class to complete this art. See flyer.



GOLF & GALOSHES: Our First Annual Golf Tourney! Celebrate WIC Week and International Women's Day by playing golf & supporting our chapter. See flyer.



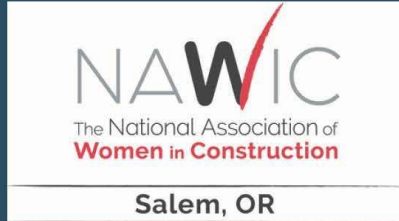
SOCIAL MEDIA SATURDAY: Keep a lookout for posts highlighting the women in our chapter & a recap of our WOMEN IN CONSTRUCTION WEEK 2024!!!

MORE DETAILED INFO →

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1st Annual Golf & Galoshes Tournament. Prove just how OREGON you are!

1ST ANNUAL



GOLF & GALOSHES TOURNAMENT

Prove just how OREGON you are! Come out, rain or shine, and get ready to tee off at our first annual Golf Tournament! Join us for a day of fun and friendly competition on the greens and support the Salem Chapter #198 of the National Association of WOMEN IN CONSTRUCTION. Rain ponchos and galoshes may be necessary.

ILLAHEE HILLS COUNTRY CLUB

REGISTER
NOW

FRIDAY
8 MARCH
2024



NAWIC Salem Chapter #198 Annual Fundraiser!



SPONSORSHIP
OPPORTUNITIES
AVAILABLE

There will be a prize for the best "Oregon
Weather Preparedness" dressed team



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1st Annual Golf & Galoshes Tournament. Sponsorships Available

1ST ANNUAL

GOLF & GALOSHES TOURNAMENT

NAWIC
The National Association of
Women in Construction

Salem, OR

\$175 / PLAYER

SPOTS WILL FILL UP FAST. GET YOUR TEAM REGISTERED TODAY!

SPONSORSHIP OPPORTUNITIES

Your sponsorship of this NAWIC event provides the opportunity for your company to demonstrate its commitment to NAWIC's core purpose: Enhancing the success of women in the construction industry and assisting women to develop their skills and gain knowledge that will be put into practical use at their companies.



Umbrella (Tent) Sponsor - \$3,000

Row Boat (golf cart) Sponsor - \$2,500

Hot Meal (Lunch) Sponsor - \$1,000

Flood Level (Drink) Sponsor - \$500

Puddle Jumper (Hole) Sponsor - \$200

Raindrop (Award) Sponsor - \$50 each

KP - 6 Available

Longest Drive - 4 Available

LP - 4 Available

Survival Bag (snacks) Sponsor - \$100



FILL OUT THE FORM BELOW TO

REGISTER AND/OR SPONSOR THIS EVENT!

Email registration to: tracy@agsadowski.com

Please also send your company logo / graphics if you are a sponsor

Mail checks to Salem NAWIC Chapter #198

P.O. Box 15137 Salem, OR 97309

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1st Annual Golf & Galoshes Tournament. Registration & Sponsorship



Golf & Galoshes 2024 Registration & Sponsorship

Please return registration to: TRACY@AGSADOWSKI.COM

1st Annual Golf Tournament - March 8th, 2024

Hosted by Salem Chapter # 198

Contact Name: _____

Company Name: _____

Mailing Address: _____

Phone: _____

Email address: _____

Player # 1 _____

Player # 1 Email Address: _____

Player # 2 _____

Player # 2 Email Address: _____

Player # 3 _____

Player # 3 Email Address: _____

Player # 4 _____

Player # 4 Email Address: _____

SPONSORSHIP LEVEL \$ _____

Lunch is included with each player registration

Team registration begins at 8:00 am

Start time is 9:00 am sharp

Registration Fee: \$175.00 per player

Lunch (if you have guests that will attend the luncheon ONLY): \$50.00

Total owed (Player(s), Guest Lunch, Sponsorship) \$ _____

Choose one: will be paid online _____ or check by mail _____:

To pay online: www.nawicsalem.com/payments/

or

Mail checks to: P.O. Box 15137; Salem, OR 97309

Signature

Date Signed

PLEASE RETURN REGISTRATION TO: TRACY@AGSADOWSKI.COM

Who We Are

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About NAWIC

Nationally⁽¹⁾

The National Association of Women in Construction (NAWIC) originated as Women in Construction of Fort Worth, Texas. Sixteen women working in the construction industry founded it in 1953. Knowing that women represented only a small fraction of the construction industry, the founders organized NAWIC to create a support network for women working in a male-dominated field. Women in Construction of Fort Worth was so successful that it gained its national charter in 1955 and officially became the National Association of Women in Construction.

Today, NAWIC is still based in Fort Worth and has over 115 chapters throughout the United States that provide its members with opportunities for professional development, education, networking, leadership training, public service and more. NAWIC continues the vision of its founding members by advocating for the value and impact of women builders, professionals and tradeswomen in all aspects of the construction industry.

Our Core Purpose: Strengthen and amplify the success of women in the construction industry.

Our Mission Statement: The association is committed to championing women to impact the direction of the construction industry. NAWIC provides education, community and advocacy for women.

Locally⁽²⁾

NAWIC Salem was founded in 1973. We will be celebrating our 50th Anniversary this June.

The Salem Chapter is a diverse group of professional women in the construction industry who help keep each other informed, connected, and involved. Our members include business owners, office managers, subcontractors, tradeswomen, administrators, sales reps, lawyers, surveyors, insurance and bonding agents, and project managers. We support each other and the community we live in, and work hard to arrange for quality speakers and interesting tours and events for our monthly meetings.

⁽¹⁾nawic.org

⁽²⁾nawicsalem.com

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NAWIC Member Spotlight

Our spotlight this time shines on Amelia Stirewalt, who joined our Chapter in June of last year. And what a delightful surprise it was to check our membership roster on the National site to see a new member who we'd never met before! We quickly made contact and she started coming to our meetings and signed up to help with our October Halloween project, all while planning her wedding that was in early September. So, I was very eager to interview this busy lady.

So, Amelia – how about a few questions?

- *How did you get started in the construction industry?*

I started out as a civil engineering major in college at Oregon State University (Go Beavs!), but the more I discovered about the differences between civil and construction engineering, I realized I wanted to spend more time in the field building projects than behind a screen designing them. So I transferred into the Construction Engineering Management program and never looked back. I've had the privilege to work at a General Contractor firm, a Civil Engineering firm, and now a Project Management firm, which I feel has given me an advantage in understanding so many aspects of the construction process.

- *What do you like the most about your job?*

I love the variety of projects I get to work on! I was very clear when I left college on not wanting to create "cookie cutter" buildings over and over again, I need more variety in my life. I've gotten to experience construction projects in multi-family residential, healthcare, heavy civil, and education (K-12 and Higher Ed), and I love that even within the same divisions, each project that I manage is totally different than the last one.

- *If you could visit with one woman – either dead or alive – who would it be and why?*

Without a doubt, Taylor Swift. Beyond just being a huge fan of her music since her debut album (which came out when I was in middle school), she has gone from self-promoting her music on her MySpace page, to an International Pop Star with the title of Billionaire. Taylor signed a record deal as a young artist that stripped her of her rights to own her music and was even denied the opportunity to purchase the rights later on in life when she had become successful. Instead of letting that impact her work, she took the opportunity to re-record all 6 of her original albums and make them her own, all while touring internationally on a multi-year music tour. She is an incredible businesswoman and has managed to remain a kind individual that cares for her fans and friends. I don't expect to ever get to Billionaire status, but as someone with *plenty* of small business ideas and goals, I'd love to get a more personal sense of how she went from a 16-year-old country singer to who she is today.

- *When you're not working, what do you like to do?*

Crocheting is my number one hobby; I absolutely love getting lost in a new pattern and seeing what I can make with my hands. I also love to workout at my local CrossFit gym and get plenty of snuggle time with my rescue dog, Louis.

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NAWIC Member Spotlight - Continued

- *What was one of the things that helped you decide to join NAWIC?*

When I was in college, I was a member of the engineering social sorority, Phi Sigma Rho. The friendships I made there have endured many tests of time, distance, and hardship, and I am forever grateful to have gotten to know such an amazing group of women who were like-minded and ready to take on the world, even when it seemed like the world was against them. I wanted to join NAWIC for similar reasons, to get to collaborate and volunteer with women who understand what I'm going through on a daily basis, being a woman in the construction field. I love being part of a group of women that is helping to influence the way the next generations see the construction industry and give girls proof that they can be successful in this industry if it's what they want to do!

So, if you haven't met Amelia yet, now you know a little more about her!



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Stay Connected

ACE – Advanced Construction Education

➤ **Raise The Roof – April 18, 2024 @ The Salem Convention Center:** Dinner, Showcase, Auction and Fun Event

AGC

➤

NWUCA

➤

Salem Chamber

➤ Every 3rd Tuesday of the Month
Chamber Business Women's Luncheon at Roth's, 1130 Wallace Rd NW, Salem 97304
To register, go to Chamber Business Women - Salem Area Chamber of Commerce
(salemchamber.org) or call the Chamber at 503-581-1466.

If you have any questions or would like additional information, please feel free to contact any one of the following:

President:	Juli Foscoli (juli@southtownglass.com)
Vice President:	Tracy Stewart (tracy@agsadowski.com)
Treasurer:	Sarah DeBrito(sdebrito@witherslumber.com)
Secretary:	Jackie Ross (Jackie@triplettwellman.com)
Corresponding Secretary:	Kathy Sweetland (ksweetland@orstbridge.com)
Board Members:	Araceli Carlos (Araceli@dalkeconstruction.com) Katelyn Kessler (kkessler@pfeiferroofing.com) Dawn Killough (dawn@dkilloughwriter.com) Loretta Kuust (loretta@jlkservices.net)

