



March 2016

Message From Your President

March has arrived and spring is just around the corner. Spring is one of my favorite times of the year. The trees are starting to get leaves and flowers are beginning to bloom. I always feel like it's a new beginning.

Our WIC Week luncheon is tomorrow. Dawn has done an amazing job putting the luncheon together. Kay has sent out the scholarship information to the various schools. Coast Retreat was a fun weekend and the Salem Chapter had 6 members and Kalene's daughter attend. Way to go ladies!! We're back to the beach on April 9th for the Salem Contractors Exchange banquet. Please be thinking about donating something for the raffle. We'll need a few members to help sell raffle tickets. This is a great fundraiser for our scholarship fund.

Susan Wood and the Construction Career Day committee has been hard at work preparing for this big event. The information sheets have been updated and have been distributed. Please be thinking of companies who might be interested in being an exhibitor or who might be willing to make a donation. I hope all of you will be able to volunteer that day, even for part of the day to help with the students, passing out food and helping with anything the exhibitors may need. We're going to be at the Oregon State Fairgrounds this year so most of the exhibitors will be out of the wind, rain and mud.

NAWIC Appreciation Night is on May 19th and will be held at Rudy's this year. This is a really great way to thank our bosses for all their support of NAWIC throughout the year. The WIC of the Year, Future Leader of the Year and Boss of the Year award nominations will be going out soon. Robin will be collecting all of the nominations.

Nancy Lingle

President, Salem Chapter #198



As material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.

PRESIDENT

Nancy Lingle

Capitol City Door

VICE PRESIDENT

Susan Wood

Salem Heating & Sheet Metal

TREASURER

Dawn Killough

Rich Duncan Construction

SECRETARY

Chick Sadowski

A.G. Sadowski

DIRECTORS:

Robyn Guzman

A.G. Sadowski

Elisabeth Shinn AKT

Kay Evans Salem Contractors Exchange

WEBSITE

Visit our website at

nawicsalem.com

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Upcoming Events

March General Meeting

Membership Drive at Red Lion Hotel

March 9, 2016

Lunch

Lunch A Bunch

March 29, 2016 12:00 PM

NEF - NAWIC Education Foundation

NEF Ambassador Club

Please nominate a member who has been a tireless supporter of NEF!!!

NEF Ambassadors are individuals dedicated to increasing the visibility of NEF.

There are three levels: **Gold, Silver Bronze.**

Completion of the items below determines the level of Ambassador:

Bronze Pin, Level 1 = One Item

Silver Pin, Level 2 = Two Items

Gold Pin, Level 3 = Three Items

- Increase visibility of NEF by placing NEF approved website link (supplied by NEF) on multiple construction related websites or publications (i.e. other associations, universities or colleges, companies).
- Acquire new NEF sponsorship or partner
- Provide NEF Office with 25 new contacts for solicitations in your geographic area and make follow-up calls on these letters sent out by the NEF office.
- Provide follow-up phone calls and contact on 50 solicitations sent out by the NEF office.
- Obtain 5 test candidates for adult certificate courses from outside NAWIC. If you are an Educator, you will need to get an adult certificate course into your education program to receive this credit.
- Influence a teacher to purchase the Accessory Structure Project to incorporate into their curriculum for students 8-12th grades.
- Any other noteworthy accomplishments and outcomes to assist NEF in obtaining exposure outside of the NAWIC realm as approved by the NEF Executive Committee.




DATES TO REMEMBER

- Mar. 1 Board Meeting
- Mar. 9 General Membership Meeting Noon at Red Lion
- Mar. 17 Construction Career Day Meeting
- Mar. 19 Beth Rhode's Anniversary

- Apr. 2 Kay Evan's Anniversary
- Apr. 5 Board Meeting
- Apr. 9 Salem Contractors Exchange Banquet
- Apr. 20 General Meeting
- Apr. 30 Nancy Lingle's Anniversary

Salem NAWIC
MARCH
Anniversary's
Marilyn Jones
8 Years
Chick Sadowski
26 Years
Way to go Ladies!

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Board Meeting	2	3	4 	5
6	7	8	9 General Meeting	10	11	12
13 	14	15	16	17 St. Patrick's Day	18	19
20	21	22	23	24	25 	26
27	28	29 Lunch A Bunch	30	31	1	2

Forum 2016

#LEADLIKEAGIRL - FORUM 2016

When did “Like A Girl” become an insult? This statement has come to represent women as being weak, lacking power and timid. We are going to take back “Like A Girl”! Especially for NAWIC women, “Like A Girl” should represent strength, power and tenacity!

Our theme for Forum is #LeadLikeAGirl. Our focus will be on providing various tools on developing leadership traits in all facets of your position at your workplace. No matter what your role, you ARE a leader at your job!

From leadership development, to leading in the area of workplace mental health, safety, and disaster preparedness our speakers will take attendees through workshops to discuss and develop these areas.

Here are a few of our speakers that will be presenting:



Key Note Speaker—Meg Winch, President of Communication Resources Workshop: Leadership Development - Taking the Steps to Step Up!

Meg specializes in the facilitation and training of communication and organizational skills, working with project team members to enhance the communication behaviors critical to their jobs. She is a trained facilitator of formal partnering and public involvement processes. She regularly works with teams to develop presentations, manage messages, and develop communication strategies and agreements. Meg holds BA degrees in Communication and German from the University of Washington and an MS in Communication and Group Dynamics from Purdue University.



Calvin (Cal) Beyer—Director of Risk Management at Lakeside Industries Workshop: Addressing Mental Health Issues in the Workplace

Cal Beyer is the Director of Risk Management since 2014 at Lakeside Industries, Inc. in Issaquah, WA. Cal has over 27 years of experience in the serving the construction industry in various capacities. He has extensive experience in strategic risk improvement and risk management best practices for the construction industry. He is leading a cultural transformation of Lakeside’s historically strong safety program on its journey to exceptional safety performance.



Kris Alberty—Executive Director of Northwest Independent Contractors Association Workshop: Taking the Lead in Disaster Preparedness

As Executive Director of Northwest Independent Contractors Association and enjoys her various roles as manager, instructor, and mentor. She has over 20 years construction experience – working in commercial flooring, owning a general contracting company that builds spec, custom and green homes; in addition to a roof-truss manufacturing plant specializing in structural building components. In 2005, Kris transitioned into consulting for contractors and now is an OSHA 500 Safety, EPA’s Certified Lead Renovator, OSHA’s Disaster Site Worker, First Aid/CPR and Apprenticeship Instructor.



2016 ANNUAL FORUM

#LEADLIKEAGIRL

www.nawicsouthsoundwachapter187.com

April 22nd -24th
Courtyard Marriott Tacoma

REGISTRATION FORM

ATTENDEE INFORMATION

Last Name:		First:		<input type="checkbox"/> Mr.	<input type="checkbox"/> Miss	Company:	
				<input type="checkbox"/> Mrs.	<input type="checkbox"/> Ms.		
Is this your first time attending Forum?		Mailing Address:					
Yes <input type="checkbox"/> No <input type="checkbox"/>							
City:		State:		Zip:		Phone:	
Job Title:		Chapter Name:		Chapter Number :		Region:	
Email Address:							

Select One: Delegate Alternate N/A Select Membership Status: Active Corporate Associate Student Non Member

REGISTRATION FEES

Registration fee includes: Thursday tours, Friday Seminars, Friday Monte Carlo Night, Saturday Seminars, all lunches, and the Awards Dinner

(Member)	Early Bird Registration	\$165.00	<i>Registrations must be received by February 22nd</i>	QTY:	Total: \$
(Non - Member)	Early Bird Registration	\$185.00		QTY:	Total: \$
(Member)	Regular Registration	\$185.00	<i>Registrations must be received by March 14th</i>	QTY:	Total: \$
(Non - Member)	Regular Registration	\$205.00		QTY:	Total: \$
(Member)	Late Registration	\$200.00	<i>All Registrations After March 14th</i>	QTY:	Total: \$
(Non - Member)	Late Registration	\$220.00		QTY:	Total: \$

GUEST ATTENDEE FEES (those not registered for Forum)

Friday Lunch Guest	\$ 35.00	QTY:	Total: \$
Friday Monte Carlo Night	\$ 35.00	QTY:	Total: \$
Saturday Lunch Guest	\$ 35.00	QTY:	Total: \$
Saturday Awards Dinner Guest	\$ 49.00	QTY:	Total: \$

TOTAL FOR ALL FEES \$

PAYMENT OPTIONS

Paypal: [Click here to go to our website](#)

Check here if paying by Paypal.
Email your completed registration to: southsoundnawic@gmail.com

Check: Make checks out to "South Sound #187 NAWIC" and notate "Forum 2016" in the check memo area. Send checks with completed form to:
Laura Rannow
c/o VECA Electric
PO BOX 80467
Seattle, WA 98108

HOTEL INFORMATION

[Click Here to Reserve Your Room](#)

Or call (253) 591-9100 and request the rate for NAWIC.

Group rate is \$159.00 per night

*Please note: The \$159 rate includes a breakfast coupon/per day for 1 person
Each additional guest in the room will add \$10/day to the rate for the breakfast coupon
Coupons can be used at the onsite Bistro*

Room must be reserved by 3/31/16 to receive this rate.

Please let us know of any dietary restrictions you have:

Hotel Address

Courtyard Marriott
1515 Commerce Street
Tacoma, WA 98402

Parking

Off site - \$10 per day
Valet - \$15 per day

Airport Information

Hotel is located 16 miles north from SeaTac Airport.
This hotel does not provide shuttle service.

TOUR INFORMATION

Please check below if you will be attending the Thursday tours

1:30pm University of Washington Tacoma Revitalization

4:00pm McCarver Elementary School Historic Building Remodel

Contact Information

PRESIDENT	Nancy Lingle	Capitol City Door	ncarter@capitolcitydoorinc.com
VICE PRESIDENT	Susan Wood	Salem Heating	swood@salemheatingandsheetmetal.com
TREASURER	Dawn Killough	Rich Duncan Construction	dawn@richduncanconstruction.com
SECRETARY	Chick Sadowski	AG Sadowski Company	chick@agsadowski.com
DIRECTORS:			
	Robyn Guzman	AG Sadowski Company	robin@agsadowski.com
	Elisabeth Shinn	AKT	eshinn@aktcpa.com
	Kay Evans	Salem Contractors Exchange	kay@sceonline.org

SALEM NAWIC NEWS

Please send all articles and content recommendations for this chapter to Kay by the 25th of each month.

WEBSITE

Visit our website at nawicsalem.com

FACEBOOK

Connect with us on Facebook at www.facebook.com/nawicsalem

MAILING ADDRESS

Salem Chapter NAWIC #198
P.O. Box 15137
Salem, OR 97309

Pacific Northwest Region Contacts:

Director Ruth Fritts ruthf@mcavain.com

Committee Chairs:

Membership	R9: Ruth Fritts	R10: Shawna Alvarado
PR/Marketing	R9: Laura Rannow	R10: Brittini Daley-Grishvaeva
Safety	R10: Suzanne Tollefson	
WIC Week	R9: Brenda Smith	R10: Kristen Green
Mentorship	Carol Eisenlohr/Amanda Wilson	
NEF	R9: Lori Barrick	R10: Pat McDonald
Block Kids	R9: Cathy Hall	R10: Teryn Bojescu
CAD Drafting	R9: Erin Holmes	

National Officers

President	Riki F. Lovejoy CBT, CIT	rlovejoy@rfl-consulting.com
President Elect	Connie M Leipard CIT	cleipard@aol.com
Vice President	Stephanie K. Crane CIT	stephaniec@mjharris.com
Secretary	Diane Mike CBT	dmike@erdman.com
Treasurer	Jennifer Swinney CBT, CDS, CIT	jen@escsafety.com
Immediate Past	Sandy K. Field CBT, CIT	sfield@hgusa.com

NAWIC SALEM CHAPTER COMMITTEES

2015-2016

BUDGET: Director:

Ways & Means: Dawn

Responsible for our chapter fundraisers, including scholarship raffles and golf tournament string sales.

Poinsettia Sales: Kay, Nancy

Responsible for ordering Poinsettias from Egan Gardens and distributing them in December.

Birthday Auction:

Conducts birthday auction at our membership meetings

Contractors Exchange Banquet: Dawn, Susan

Organizes the raffle for the Exchange Banquet, sells raffle tickets at the event.

Audit: (3 Needed) Elisabeth, Nancy

Audits the chapter finances quarterly.

Budget: Chick, Elisabeth, Dawn, Nancy

Responsible for designing a budget for the year. The incoming Treasurer is the Chairman of the budget committee per our chapter policies.

MEMBERSHIP: Chairman: Director:

Membership/Public Relations/Marketing: Dawn, Kay, Chick, Robin, Nancy

Responsible for promoting membership; sending NAWIC information & registration packets to prospective members.

Sends press releases to various publications regarding Chapter activities.

Social Media/Website: Dawn

Research setting up a website. After established, committee will maintain and update website.

Newsletter: Kay

PROGRAMS, EDUCATION AND PROJECTS (PEP): Director:

Legislative Awareness: Robin

Scholarship: Kay

Advertise, promote and select Scholarship Recipients.

Career Days: Susan, Chick, Elisabeth, Dawn, Kay, Nancy

Helps in the planning and participates in Career Days.

Block Kids: (We will discuss and decide if we want to try and do this during the year)

An annual event for grade school children, who are given a certain number of Legos, string, foil, a rock, and a piece of poster board and then have the opportunity to create a building or construction site. Prizes are awarded.

WIC Week (March 6-12, 2016):

Responsible for planning events for the Chapter during WIC Week, which is the first week of March every year. This includes preparing a commitment form, tracking activities during the week, and preparing a recap form after the week.

SPECIAL COMMITTEES: Director:

Secret Pal: Robin

Coordinates secret pal drawings.

By Laws: Nancy

Responsible for keeping our chapter standing rules and policies and national bylaws current.

Historian:

Coast Retreat: Nancy

Plans Coast Retreat, a two day event that includes Chapters from our Region. Plans Chapter event in years not hosting.

NAWIC Appreciation Night: Dawn, Elisabeth, Chick, Susan, Robin

Plans the NAWIC Appreciation Night event to honor our bosses, usually held in the spring.

Craft Night:

Coordinates a craft night get together

ACADEMIC SCHOLARSHIP



National Association of Women in Construction
Salem, Oregon Chapter 198 Announces:

2 - \$1,000 Scholarships for 2016



Requirements-

- **Enrolled in a Construction Field such as:**
 - Architecture, Construction Management, Civil, Structural, Mechanical, Electrical Engineering
- **Applicant must be enrolled as a full-time student.**
 - Part-time students are not eligible.
- **Applicant must provide an official transcript of grades to committee.**
- **Completed Application must be turned in no later than April 1, 2016**
- **Sophomores, Juniors, & Seniors are encouraged to participate.**

NAWIC
National Association of Women in Construction

Please Contact: ***kay@sceonline.org*** for Further Information.
Forms Available at: 2225 Judson St, Salem OR 97309
Applications Available Online @ www.sceonline.org or
nawicsalem.com or <https://www.facebook.com/nawicsalem/?fref=ts>