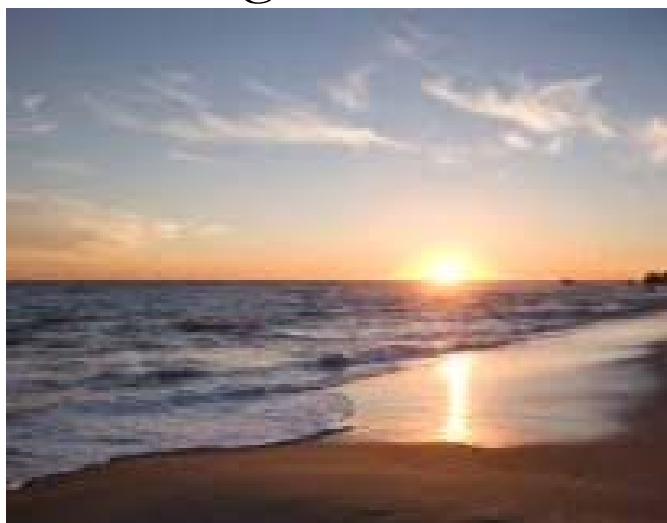




NAWIC

May 2015

Message From Your President



A huge thank you to Amanda for putting together our tour for our June meeting. It's so nice seeing a building while it's a work in progress. We're going to try and tour the same building when it's a little farther along and see all the changes. Amanda please tell Andy thank you for being our guide, he did a great job.

I can't believe 2015 is 1/2 way through. The 2014-2015 NAWIC year is drawing to a close in just a few months and we're already ramping up for the 2015-2016 year. In July I'm wanting to start going through all of the committee's, Officer and Board of Directors duties and I'd like to go through the Standing Rules and Policies. I want everyone to feel comfortable with their duties and I'm hoping to get some enthusiasm going for the upcoming year. I'm hoping that as we go through the committees we can have members sign up and we can figure out who's going to be the chairman for each and really get the new year off to a great start.

We're starting to have some occasional, informal get togethers as a way to get to know each other which is such an awesome idea. Please be watching for emails with information.

Nancy Lingle

President, Salem Chapter #198

As material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.



PRESIDENT

Nancy Lingle
Capitol City Door

VICE PRESIDENT

Tricia Mosier
White Oak Construction

TREASURER

Dawn Killough
Rich Duncan Construction

SECRETARY

Jaysa Nesbitt
Salem Contractors Exchange

PAST-PRESIDENT

Kay Evans
Salem Contractors Exchange

DIRECTORS:

| | |
|-----------------------|-----------------------------|
| Mary Price | Carter & Company |
| Jeanna Fox | Surety Solutions |
| Robyn Guzman | Anchor Insurance |
| Amanda Forkner | Turner Construction |

WEBSITE

Visit our website at
nawicsalem.com

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Jaysa Nesbitt

Salem Contractors Exchange



Upcoming Events

July General Meeting

**Find Out the Ins and Outs
of NAWIC!**

July 15, 2015 5:30 PM

AMEC

**AMEC
Nashville
Tennessee**

Sept. 2-5, 2015

APC

**APC for the Pacific
Northwest Region
Reno, Nevada**

Oct. 23-25, 2015

Salem Contractors Exchange Copy Room Leader

Past member of NAWIC Salem Chapter #198.

Jaysa is currently the chapter's Recording Secretary and will be resuming the position next year. Manager of the Copy Room at the Salem Contractors Exchange, she is a valuable asset to the construction industry. Providing contractors the plans needed to keep Oregon building & securing a future in construction. Jaysa started working in the construction field for a crane company at the age of 18, which she found intriguing. This caught her interest and she has held multiple office jobs in this industry, finding a great use of her organizing and intuitive attention to details.

In her free time she enjoys a variety of hobbies, including reading, crafting, art & photography, exploring nature & expanding her knowledge on different subjects. Her favorite being geology. Living in Oregon, she gets more than enough chances to find a place to "rock-hound" for stones. Jaysa is a very creative individual, always thinking outside of the box & bringing these new ideas to life. She also loves music and enjoys listening to her albums & adding to her record collection. Somehow she finds time in between all of her hobbies and responsibilities to attend as many concerts as possible. Jaysa is a loyal friend & has immense love for animals. Home life is dedicated to spending time with her two kitties

Anakin & Ashley, her faithful friends to the end.

DATES TO REMEMBER

- July 2 Vickie Squire's Birthday
- July 7 Board Meeting
- July 10 Shirley Wertz's Birthday
- July 12 Amanda Forkner's Birthday
- July 15 General Meeting
- July 29 Lunch A Bunch

- Aug 4 Board Meeting
- Aug 19 General Meeting
- Aug 26 Lunch A Bunch

Sept 2-5 AMEC 2015 Nashville TN



NAWIC

July

Anniversary's

Dawn Killough 2 Years

July

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|--------------------|-----------------------|-----|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 Picnic Lunch | 15 General Meeting | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 Lunch A Bunch | 30 | 31 | |

Everything You Wanted to Know About Salem NAWIC Chapter #198 But Were Afraid to Ask!

July 15, 2015 5:30 PM

Held at Salem Contractors Exchange

2256 Judson St, Salem OR

RSVP to Kay Evans kay@sceonline.org or

call 503-362-7957 ext. 301

Dinner Cost \$20



June Meeting Recap

NAWIC-Salem Chapter #198

General Meeting Minutes

June 17, 2015

The meeting was started with a tour of the new facility Turner Construction is building for Salem Hospital. Project Manager Andy Nelson led the tour and was very informative and invited us back in November when the building would be close to completion.

Pledges: NAWIC Pledge

Members Attending: Chick Sadowski, Linda Almendinger, Dawn Killough, Kay Evans, Nancy Lingle, Susan Wood, Elisabeth Shinn, Amanda Forkner, Robyn Guzman and guest.

Reviewed General Meeting Minutes for March. Motion was made and passed to accept the minutes as presented.

Discussion was resumed concerning raising the dues, discussion was held. A motion was made to increase the dues to \$265 for Active and Corporate, \$250 for Associate and no increase for retired and student. Seconded and passed. There was an objection that we did not have a Quorum at the time of the vote. Nancy said that she would email everyone and they would need to mail or hand deliver their vote to her.

Committee Reports:

Budget: Director: Jeanna

Contractor's Exchange Banquet – Raffle was down from previous years in part from SCE's Silent Auction and key people who usually come to the Banquet and support the raffle did not attend the banquet.
String sales at the SCE Golf Tournament reached \$520 this year.

PEP: Director: Amanda

Construction Career Day - May 12th – We had more exhibitors than we have ever had and more students than we have had for a few years. Susan announced that we would not be able to use the Airport's field anymore. There is an endangered bird and an endangered plant species on the site. It was suggested that we could contact John Honey to use the CTE Property.

We received no scholarship applications, we will postpone this until next year.

New Business:

Forum – Vickie wrote a very nice Forum recap.

Election of Officers, Chick made a motion to accept the Slate of Officers as proposed. Seconded and passed.

Regional-

APC 2015 – Reno, Nevada

Adjourn: 7:50PM

Kay Evans

Volunteer Secretary

**A Special Meeting was held Minutes were not available for the that meeting at this time.

Rules are meant for Governing. Staying On Top of Our Chapter.

By Vickie Squires

STANDING RULE #8: Annual Chapter Dues renewals (in addition to National dues) are payable by October 1. Figures below are for Chapter Renewals only as the new members dues are set by the National Board of Directors.

| | <u>Chapter Review</u> |
|------------------|-----------------------|
| Active Member | \$65 |
| Associate Member | \$50 |
| Corporate Member | \$65 |
| Student Member | \$25 |
| Retired Member | \$25 |

As defined in the NAWIC Bylaws, dues for new members shall be established by the NAWIC Board of Directors and shall be payable upon acceptance of membership. Renewal dues and other appropriate fees shall be established by the Chapter (Per Article VIII, Section 1). NAWIC dues for new members will be prorated their second year upon renewal depending upon the month their application for membership was first received. (7/11)

This rule obviously spells out what our annual Chapter dues will be. We will be changing the amounts here as our Chapter has voted to increase dues.

This rule also explains how new members dues are handled. The language for this comes from Standard Bylaws for Affiliated Chapters, Article VIII (Dues), Section 1.

All dues are paid to National and then the Chapter amount is returned to our Treasurer. This is a reminder that dues are payable by October 1st of each year.

FOOD FOR THOUGHT

Excerpt taken from Forbes website:

Believing in yourself gives you the power to ask for what you want and deserve. Dr. Christina Greer, a 35-year-old Assistant Professor of Political Science at Fordham University says, “As a woman, especially a woman of color, many people think I am supposed to be apologetic about being smart and pushing for what I want. But I’m unapologetic for things that are important to me. If I don’t stand up for myself and call attention to the things that I need and want, how am I going to get them? It means that I can work within the system to make change, but with an attitude of, ‘we need to start breaking some eggs because this omelet isn’t going to make itself.’ When I see my colleagues in the hallway on my way to teach, I often say, ‘I am off to influence the youth of America.’ In many ways, that is what educators do. We teach new ideas, unteach old/outdated/antiquated concepts and ideas, and we give them confidence to go out there and change the world.” It’s working — here’s what a 21-year-old female student told Christina: “I appreciate you being young, smart, black, fun and unapologetic about it. It tells me that it’s possible and I should be a version of that.”

What would have happened if Kat and Christina allowed that ugly voice to enter their world, the voice that nags, “Are you good enough? Are you smart enough? Can you handle it? Do you deserve it?”

Jayne Juvan who became partner of a national law firm when she was 32 tells us how not believing in yourself has a bad domino effect: “The confidence gap became noticeable in my 30s. For example, some of my successful male peers will prepare for an hour for an important meeting and say, ‘I’m so ready for this meeting and I’m so going to knock it out of the park.’ For me and other women I know, we are stressing for hours or days in the lead-up to the meeting, working like crazy. Even when we’re successful, we still ask ‘What did I do wrong?’ and turn our attention to our deficiencies. We’re not having the back-slapping celebration that guys do.

“Building confidence is crucial because I’ll hit a ceiling if I do not believe in myself. If my partners see me stressing, they will be less likely to ask me to participate on pitches because they’ll think I can’t handle it. If I don’t have a seat at the table, it will show up in my financial performance. That also means lower compensation and bonuses and declines in the marketing budget that I need to land new business. The domino effect goes on and on. But women can bridge this gap—starting in our 20s or even earlier—if we believe in ourselves.”

Tip: Believe in yourself; that determines your place in the world and affects whether or not others believe in you too.

Contact Information

| | | | |
|-----------------------|----------------|----------------------------|---------------------------------------|
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| PAST-PRESIDENT | Kay Evans | Salem Contractors Exchange | kay@sceonline.org |
| DIRECTORS: | | | |
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| | Robyn Guzman | AG Sadowski Company | robin@agsadowski.com |
| | Amanda Forkner | Turner Construction | aforkner@tcco.com |

Divine Region 9 Contacts:

Director Sarah Webb sarah@millerssheetmetal.com

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PR/Marketing Larissa Arbelovsky larbelovsky@ur.com

PEP Jeanna Fox jeanna@suretysolutionsllc.com

Safety Jackie Lacktorin Jackie.Lacktorin@veca.com

WIC Week Brenda Smith bsmith@paynewest.com

Mentorship Carol Eisenlohr ceisenlohr@legendhomes.com

NEF Lori Barrick lori@mjmgrand.net

Block Kids Cathy Hall Cathy.hall@safarielectric.com

CAD Drafting Erin Holmes eholmes@cachraninc.com

SALEM NAWIC NEWS

Please send all articles and content recommendations for this chapter to Kay by the 25th of each month.

WEBSITE

Visit our website at nawicsalem.com

FACEBOOK

Connect with us on Facebook at <https://www.facebook.com/groups/nawicsalem198>

MAILING ADDRESS

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P.O. Box 15137
Salem, OR 97309

National Officers

President Sandy K. Field CBT, CIT sfield@hgusa.com

President Elect Riki F. Lovejoy CBT, CIT rlovejoy@rfl-consulting.com

Vice President Connie M Leipard CIT cleipard@aol.com

Secretary Amy Berg CBT, CIT Aberg.nawic@yahoo.com

Treasurer Stephanie K. Crane CIT stephaniec@mjharris.com

Immediate Past Yasmine A. Branden CCA

yasmine.branden@neilkelly.com

NAWIC SALEM CHAPTER COMMITTEES

2014-2015

BUDGET: Director: Jeanna

Ways & Means: Dawn

Poinsettia Sales: Nancy, Tricia

Responsible for ordering Poinsettias from Egan Gardens and distributing them in December.

Birthday Auction: Chick, Jaysa

Conducts birthday auction at our membership meetings.

Contractors Exchange Banquet: Dawn, Jaysa

Audit: (3 Needed) Nancy, Susan, Chick

Audits the chapter finances quarterly.

Budget: Nancy, Dawn, Vickie, Tricia

Responsible for designing a budget for the year.

MEMBERSHIP: Chairman: Dawn Killough Director: Mary

Membership/Public Relations/Marketing: Robin, Amanda, Linda, Tricia

Responsible for promoting membership; sending NAWIC information & registration packets to prospective members.

Sends press releases to various publications regarding Chapter activities.

Social Media/Website: Tricia, Dawn

Newsletter: Kay, Vickie

PROGRAMS, EDUCATION AND PROJECTS (PEP): Director: Amanda

Legislative Awareness: Dorothy

Scholarship: Dorothy, Amanda, Elisabeth

Advertise, promote and select Scholarship Recipients.

Career Days: *Susan, Nancy, Jeanna, Amanda, Chick, Dawn, Mary, Kay Elisabeth

Helps in the planning and participates in Career Days.

Block Kids:

WIC Week (March 1st-7th): Dawn, Vickie, Amanda

Responsible for planning events for the Chapter during WIC Week, which is the first week of March every year. This includes preparing a commitment form, tracking activities during the week, and preparing a recap form after the week.

SPECIAL COMMITTEES: Director: Robin

Secret Pal: Vickie

By Laws: Robin, Nancy

Responsible for keeping our chapter standing rules and policies and national bylaws current.

Historian: Linda, Robin

Coast Retreat: Tricia, Nancy, Chick

Plans Coast Retreat, a two day event that includes Chapters from our Region. Plans Chapter event in years not hosting.

NAWIC Appreciation Night: Chick, Nancy

Plans the NAWIC Appreciation Night event to honor our bosses, usually held in the spring.