



NAWIC

November 2015

Message From Your President

Amanda put together a wonderful tour of Salem Hospital and a delicious dinner for us at the office of Turner Construction. It's amazing to see all the changes that have been made since we toured the site back in July. Thank you Amanda!!

Elisabeth is hosting our Christmas BUNKO party at AKT. During our Christmas party we invite past members to come back and join us for this evening of fun and laughter. We will be collecting cash donations for the Marion/Polk Food Share and having a delicious cookie exchange.

Welcome to our newest member Elizabeth Rhoades with C & R Remodeling. We look forward to getting to know you better.

Construction Career Day will be held this year at the Oregon State Fairgrounds on May 10th. Susan and her committee are already hard at work planning this awesome event. More information to follow.

Merry Christmas and Happy New Year!!

Nancy Lingle



Merry Christmas

As material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.

PRESIDENT

Nancy Lingle
Capitol City Door

VICE PRESIDENT

Susan Wood
Salem Heating & Sheet Metal

TREASURER

Dawn Killough
Rich Duncan Construction

SECRETARY

Jaysa Nesbitt
Salem Contractors Exchange

DIRECTORS:

Robyn Guzman A.G. Sadowski
Elisabeth Shinn AKT
Kay Evans Salem Contractors Exchange

WEBSITE

Visit our website at
nawicsalem.com

In This Issue

Message From Your President	1
Board Officers	1
Humor	2
Meeting Schedule	3
Calendar	3
Meeting Notice	4
Recap of September Meeting	5
Food for thought	6
Contact Information	7
Committees	8

Upcoming Events

December General Meeting

**BUNKO/Christmas!
Hosted by AKT**

December 16, 2015 5:30 PM



The Dream

I parked last night, at the far end of the parking lot, under a tall light.

Rolling all over the job site were wheelbarrows. They rolled so fast they could almost fly!

I was a little late-oh, great!

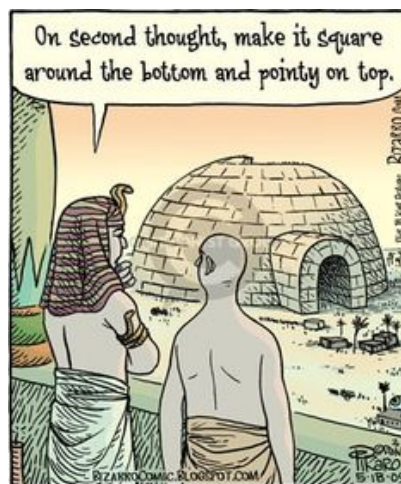
I jogged in, found giant piles of work-change orders. Some two, some three weeks old. No excuse!

I turned, knocked into a wet blueprint pile. What a smell The job trailer was piled high to the rafters; giant bluprints, medium-sized prints, tiny little prints.

Suddenly the stack collapsed!

I heard snoring, opened my eyes, smiled, and went back to sleep!

Humor in Construction



DATES TO REMEMBER

- Dec. 1 Board Meeting
- Dec. 16 General Meeting BUNCO!

- Jan. 2 Robin Guzman's Birthday
- Jan. 4 Robin Guzman's Anniversary
- Jan. 5 Board Meeting
- Jan. 8 Nancy Lingle's Birthday
- Jan. 20 General Meeting

**NAWIC
December
Anniversary's**

None

All Birthdays in Oct, Nov and Dec. If you have not brought a Birthday Auction Gift Remember to Bring your Birthday Auction Gift to the December General Meeting!



December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Board Meeting	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 BUNCO Night!	17	18	19
20	21	22	23	24	25 Christmas	26
27	28	29	30	31	1 New Years	2



NAWIC
Salem Chapter #198
BUNCO Night

December 16, 2015
5:30 PM

Mexican Dinner with Authentic Tamales
Held at AKT Conference Room
680 Hawthorne St SE #140, Salem

Cookie
Exchange

Donations for Marion Polk
Food Share
Bring either cash or check!

Invite a
Friend or
Co-Worker

Dinner Meeting \$25.00 RSVP to Susan swood@salemheatingandsheetmetal.com
First time guests are free. Must RSVP to not be charged for the dinner in your absence.

Meeting Recap

NAWIC-Salem Chapter #198

General Meeting Minutes November 18th, 2015

Tour of Salem Hospital – Turner Construction

Called to Order: 6:50 pm Turner Construction Office

Members Attending: Chick Sadowski, Dawn Killough, Kay Evans, Nancy Lingle, Robin Guzman, Susan Wood, Jaysa Nesbitt & Amanda Forkner.

Guests- Araceli Carlos - Project Engineer, Dalke Construction, Shelly Coffey - Fiscal Analyst, Oregon State Board of Architect Examiners & Dawn Cox of Salem Concrete Paving.

Self-Introductions, Good News & Dinner

Reviewed General Meeting Minutes for October. Motion was made by Chick to accept the minutes with the corrections. Accepted & Passed.

Treasurer's Reports: Available for Review upon Request

Committee Reports:

Budget: Budget Report submitted for approval. Jaysa motioned to accept as submitted. Passed.
Poinsettia Sales – December 3rd is delivery day. "Sponsored by NAWIC" stickers will be placed on each 'gift'. We sold almost 200 this year, including the wreaths & swags.

Membership: We need to look into having our monthly meetings posted in the local newspaper.

WIC Week - March 6-12 - Our chapter will hold a Membership Drive Luncheon. Nancy submitted our plan to the National office.

Coast Retreat – February 26, 27 at Adobe Resort in Yachats, Oregon.

PEP: Career Day Event – May 10, 2016. The new site location is: The Oregon State

Fairgrounds / Columbia Hall here in Salem. Next committee meeting is November 19th at Salem Heating at 1:00pm. We are looking for water donations.



Food For Thought

August Meeting Recap

Winter holidays are a time for families and friends to get together.

But that also means a greater risk for fire. Following a few simple tips will ensure a happy and fire-safe holiday season.

Winter Holiday Safety

Holiday decorating **b**e careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.

Keep lit candles away from decorations and other things that can burn.

Use lights that have the label of an independent testing laboratory. Some lights are only for indoor or outdoor use, but not both.

Replace any string of lights with worn or broken cords or loose bulb connections. Connect no more than three strands of mini light sets and a maximum of 50 bulbs for screw-in bulbs.

Use clips, not nails, to hang lights so the cords do not get damaged.

Keep decorations away from windows and doors.

Holiday Entertaining Test your smoke alarms and tell guests about your home fire escape plan.

Keep children and pets away from lit candles.

KeeP matches and lighters up high in a locked cabinet.

Stay in the kitchen when cooking on the stovetop.

Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.

Provide large, deep ashtrays for smokers. Wet cigarette butts with water before discarding.

Blow out lit candles when you leave the room or go to bed. **T**urn off all light strings and decorations before leaving home or going to bed.

Contact Information

PRESIDENT	Nancy Lingle	Capitol City Door	ncarter@capitolcitydoorinc.com
VICE PRESIDENT	Susan Wood	Salem Heating	swood@salemheatingandsheetmetal.com
TREASURER	Dawn Killough	Rich Duncan Construction	dawn@richduncanconstruction.com
SECRETARY	Jaysa Nesbitt	Salem Contractors Exchange	jaysa@sceonline.org
DIRECTORS:			
	Robyn Guzman	AG Sadowski Company	robin@agsadowski.com
	Elisabeth Shinn	AKT	eshinn@aktcpa.com
	Kay Evans	Salem Contractors Exchange	kay@sceonline.org

SALEM NAWIC NEWS

Please send all articles and content recommendations for this chapter to Kay by the 25th of each month.

WEBSITE

Visit our website at nawicsalem.com

FACEBOOK

Connect with us on Facebook at www.facebook.com/nawicsalem

MAILING ADDRESS

Salem Chapter NAWIC #198
P.O. Box 15137
Salem, OR 97309

Pacific Northwest Region Contacts:

Director Ruth Fritts ruthf@mcavain.com

Committee Chairs:

Membership	R9: Ruth Fritts	R10: Shawna Alvarado
PR/Marketing	R9: Laura Rannow	R10: Brittini Daley-Grishvaeva
Safety	R10: Suzanne Tollefson	
WIC Week	R9: Brenda Smith	R10: Kristen Green
Mentorship	Carol Eisenlohr/Amanda Wilson	
NEF	R9: Lori Barrick	R10: Pat McDonald
Block Kids	R9: Cathy Hall	R10: Teryn Bojescu
CAD Drafting	R9: Erin Holmes	

National Officers

President	Riki F. Lovejoy CBT, CIT	rlovejoy@rfl-consulting.com
President Elect	Connie M Leipard CIT	cleipard@aol.com
Vice President	Stephanie K. Crane CIT	stephaniec@mjharris.com
Secretary	Diane Mike CBT	dmike@erdman.com
Treasurer	Jennifer Swinney CBT, CDS, CIT	jen@escsafety.com
Immediate Past	Sandy K. Field CBT, CIT	sfield@hgusa.com

NAWIC SALEM CHAPTER COMMITTEES

2015-2016

BUDGET: Director:

Ways & Means: Amanda, Dawn

Responsible for our chapter fundraisers, including scholarship raffles and golf tournament string sales.

Poinsettia Sales: Kay, Nancy

Responsible for ordering Poinsettias from Egan Gardens and distributing them in December.

Birthday Auction: Amanda

Conducts birthday auction at our membership meetings

Contractors Exchange Banquet: Dawn, Susan

Organizes the raffle for the Exchange Banquet, sells raffle tickets at the event.

Audit: (3 Needed) Elisabeth, Nancy

Audits the chapter finances quarterly.

Budget: Chick, Elisabeth, Dawn, Nancy

Responsible for designing a budget for the year. The incoming Treasurer is the Chairman of the budget committee per our chapter policies.

MEMBERSHIP: Chairman: Director:

Membership/Public Relations/Marketing: Dawn, Kay, Chick, Amanda, Robin, Nancy

Responsible for promoting membership; sending NAWIC information & registration packets to prospective members.

Sends press releases to various publications regarding Chapter activities.

Social Media/Website: Dawn

Research setting up a website. After established, committee will maintain and update website.

Newsletter: Kay

PROGRAMS, EDUCATION AND PROJECTS (PEP): Director:

Legislative Awareness: Robin

Scholarship: Jaysa, Amanda

Advertise, promote and select Scholarship Recipients.

Career Days: Susan, Chick, Elisabeth, Amanda, Dawn, Kay, Nancy

Helps in the planning and participates in Career Days.

Block Kids: (We will discuss and decide if we want to try and do this during the year)

An annual event for grade school children, who are given a certain number of Legos, string, foil, a rock, and a piece of poster board and then have the opportunity to create a building or construction site. Prizes are awarded.

WIC Week (March 6-12, 2016):

Responsible for planning events for the Chapter during WIC Week, which is the first week of March every year. This includes preparing a commitment form, tracking activities during the week, and preparing a recap form after the week.

SPECIAL COMMITTEES: Director:

Secret Pal: Robin

Coordinates secret pal drawings.

By Laws: Jaysa, Nancy

Responsible for keeping our chapter standing rules and policies and national bylaws current.

Historian:

Coast Retreat: Nancy

Plans Coast Retreat, a two day event that includes Chapters from our Region. Plans Chapter event in years not hosting.

NAWIC Appreciation Night: Dawn, Elisabeth, Amanda, Chick, Susan, Robin

Plans the NAWIC Appreciation Night event to honor our bosses, usually held in the spring.

Craft Night: Jaysa

Coordinates a craft night get together